



## ATTENTION: PARENTS WITH BIPOLAR WHO HAVE A CHILD BETWEEN THE AGES 4-10



We are recruiting **PAID** participants to test the helpfulness our new online parenting support programme for parents with bipolar disorder (IBPI)

### What is IBPI?

IBPI stands for the “Integrated Bipolar Parenting Intervention”

It is a new online resource for parents with bipolar disorder

### What will I be asked to do?

All study activities will be completed online

You will be asked to:

- Complete an initial screening interview
- Complete an eligibility check interview
- Complete questionnaires at 0, 24, and 48 weeks
- Either access IBPI and follow treatment as usual OR just follow treatment as usual (decided randomly)

### What will I receive?

- Payment for your time: £60-100 total
- Support to complete assessments (if required)
- The chance to contribute to research aiming to improve the lives of parents with bipolar and their children

**TO FIND OUT MORE AND SIGN UP, PLEASE**

**VISIT:** [www.lancs.ac.uk/spectrum/IBPI](http://www.lancs.ac.uk/spectrum/IBPI)



*Scan the QR code to go straight to our website!*

**Or contact the research team directly:**

Phone: 07507 856960

Email: [ibpi@lancaster.ac.uk](mailto:ibpi@lancaster.ac.uk)

# Are you a parent with bipolar?

## Do you have a child aged 4-10 years old?

We are recruiting paid participants to test how helpful online parenting support is for parents with bipolar disorder

You will be asked to:

- Complete a screening interview (online)
- Complete questionnaires at 0, 24 and 48 weeks
- Either access the parenting support and follow treatment as usual OR just follow treatment as usual (decided randomly)

You will receive:

- Payment: £40 for interviews and £10 to complete questionnaires at 24 and 48 weeks
- Support to complete assessments (if required)
- The chance to contribute to research aiming to improve the lives of parents with bipolar and their children

To find out more and sign up,  
please visit

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